



# Inside-Outside

*Community in the Mind and the Mind in the Community*

18th -20th September 2023



The Woodbrooke Center  
1046 Bristol Rd, Birmingham B29 6LJ

For further details and booking:  
<https://therapeuticcommunities.org/etn/inside-outside/>

**The theme of this years' event offers a chance to reflect as individuals, as a group and as a 'community of communities' upon what we each bring to the TC or EE and how this collectively shapes it. Do we arrive feeling 'inside' or 'outside' of the community and why? What are the personal, professional and psychosocial factors involved?**

**Whether you are in a therapeutic community, an enabling environment, a therapeutic childcare settings or aspiring to work in a less medicalised and more relational and value-based way, come and find your place.**

**We will be hearing about communities of very different kinds, considering how TC-based therapeutic ecology could revolutionise UK children's homes, hearing about the free clinics set up by Freud and his colleagues in the 1920s and perhaps hearing about the innovative work and new developments in your organisations.**

**This event is designed for those who work with Children and Young People, in Adult Mental Health settings, or the Criminal Justice and Addictions settings, and for anyone who has lived experience of such settings.**

**All are welcome.**

**We believe everyone can bring something of value and find value in community.**



**TCTC Conference Team**

# Conference Programme 2023

| Day 1- Monday 18 <sup>th</sup> September- Sector Focus Adult Mental Health |   |                             |
|--|---|-----------------------------|
| 09.30am - 10.30am  | <i>Registration &amp; refreshments</i>  | Lobby / Canteen             |
| 10.30am - 11.00am  | Welcome and Opening Community Meeting   | Cadbury Room                |
| 11.05am - 11.45am  | <b>Keynote Presentation 1: Prof. Raluca Soreanu</b> – Freud’s free psychoanalytic clinics and the issue of the group  | Cadbury Room                |
| 11.45pm - 12.40pm  | <b>Panel Presentation: Freepsy Project</b> – 3x connected presentations with panel discussion<br><br>1. The Hawkspur Camp (1936-1940) and Its Legacy: An Early Case of Psychoanalytic Group Therapy for Young Offenders – Dr Ana Tomcic<br>2. Psychoanalysis In-Common: An Ethics of Togetherness and the Therapeutics of <i>Commoning</i> the Clinic – Dr Ana Minozzo<br>3. Stretching the Frame or Stretching History? – Dr Lizaveta van Munsteren              | Cadbury Room                |
| 12.45pm - 1.30pm   | Small Group space – each small group is allocated a dedicated space to meet   | See location list           |
| 1.30pm - 2.30pm  | LUNCH   | Canteen                     |
| 2.30pm - 3.30pm  | <b>Keynote 2: David Kennard and Bob Hinshelwood</b> – What has psychoanalysis got to do with Therapeutic Communities  | Cadbury Room                |
| 3.30pm - 3.45pm  | <i>Refreshments</i>   | Canteen                     |
| 3.50pm - 4.30pm  | <b>Workshops:</b> <i>Sign up for your workshop selection on the boards by reception</i><br><br><b>TCTC workshop: Neelam Khawani-Connett and Mike Staines</b> – Equality, Diversity and Inclusion<br><br><b>Practice Presentation: Pam Stirling and Sam Smith</b> – Withymead (1942 to 1967): A Jungian based therapy community (The Champernowne Trust)<br><br><b>Online Presentation: Tom Harrison</b> – Northfield Military Hospital 1942-1946: A Virtual Tour. | See Workshop signup sheets. |
| 4.30pm - 5.30pm  | Large Group Community Meeting, facilitated by Chris Nicholson – Department of Psychosocial and Psychoanalytic Studies   | Cadbury Room                |
| 5.40pm - 6.10pm  | <b>Special Event – Launch of Homestead Community Network – Neelam Khawani-Connett and Tim Makower</b>   | Cadbury Room                |
| 7.00pm   | <i>Dinner</i>   | Canteen                     |
| 8.00pm   | Informal music and entertainment in the Cadbury room - followed by drinks at the Bear and Staff pub   | The Bear and Staff pub      |

## Day 2- Tuesday 19<sup>th</sup> September- Sector Focus Children and Young People

|                   |  |                                |
|-------------------|--|--------------------------------|
| 8.30am - 8:50am   | <i>Day visitor intro briefing and refreshments</i>   | Room TBC                       |
| 9.00am - 9.15am   | Morning Community Meeting and Welcome  | Cadbury Room                   |
| 9.15am - 10.10am  | <p><b>Keynote Presentation 3: TCTC – Dr Chris Nicholson and Dr Kevin Gallagher:</b></p> <p>Reforming British Residential Children's Homes – creating the ecology for therapeutic relational residential care</p>   | Cadbury Room                   |
| 10.15am - 11.00am | <b>International Presentation: Dr Daniel Mercieca &amp; Saviour Lia (Caritas Tal-Ibwar TC Malta)</b> – Every Seed Grows From Darkness  | Cadbury Room                   |
| 11.00am -11.25am  | <i>Refreshments</i>  |                                |
| 11.25am - 12.15pm | <p><b>Practice Presentation (option 1): Dan Neal (Childhood First)</b> – Using TV and film to develop sensitivity to group process</p> <p><b>Practice Presentation (option 2): Margaret Davies – Lovin' Care</b> – creating the conditions for love in a residential or fostering context.</p>   | Quiet Room<br><br>Cadbury Room |
| 12.15pm - 1.00pm  | Small Groups - each small group is allocated a dedicated space to meet   | See location list              |
| 1.00pm - 2.00pm   | <i>Lunch</i>   |                                |
| 2.00pm - 2.45pm   | <p><b>International Presentation: (Rosa dei Venti) Luca Mingarelli- Marta Ostinelli- Marcello Brancaccio- Elisa Mingarelli</b></p> <p>Exploring the boundary in between inside and outside at the Rosa dei Venti TCs for adolescents and the TC's impact on society with social actions</p>  | Cadbury Room                   |
| 2.45pm - 3.30pm   | <p><b>Workshop options – Please sign up for your choice at reception.</b></p> <p><b>Research: Dr Kevin Gallagher</b> – Developing a Theory of Change for Therapeutic residential Journeys</p> <p><b>Practice: Steve Cansdale &amp; Cazine McCarthy (Birribi TC)</b> – "At the Crossroads" Where systemic practice meets social pedagogy in a therapeutic community</p> | See Workshop signup sheets     |
| 3.30pm - 4.00pm   | <i>Refreshments</i>  |                                |
| 4.00pm - 5.00pm   | Large Group Community Meeting, facilitated by Chris Nicholson – Department of Psychosocial and Psychoanalytic Studies  | Cadbury Room                   |
| 5.15pm - 6.30pm   | <b>Special event: TCTC Annual General Meeting</b>  | Cadbury Room                   |
| 7.30pm            | <b>Conference Dinner followed by poetry readings – Bring your favorite poems or even your own writing!</b>   | Cadbury Room                   |

## Day 3- Wednesday 20<sup>th</sup> September- Sector Focus Justice and enabling environments

|                   |  |                                |
|-------------------|--|--------------------------------|
| 8.30am - 8.50am   | <i>Day visitor intro briefing and refreshments</i>   | Room TBC                       |
| 9.00am - 9.15am   | Morning Community Meeting and Welcome  | Cadbury Room                   |
| 9.15am - 10.00am  | <b>Elly Jansen Award Winners and Presentation:</b> Peter Cockersell (CHT) introducing the inaugural winning presentation by Richard Crisp  | Cadbury Room                   |
| 10.05am -10.45am  | <b>Lived experience presentation: Louisa Harvey (MA, PG Dip) –</b> Reflections on the lived and living legacy of time spent in residence at Arbours Therapeutic Community: a call for courage  | Cadbury Room                   |
| 10.45am - 11.15am | <i>Refreshments</i>  | Canteen                        |
| 11.15am - 12.15pm | Small Group space – each small group is allocated a dedicated space to meet  | See location list              |
| 12.20pm - 1.00pm  | <b>Enabling Environments Presentation (option 1): Iwona Munia (CHT):</b> Inside/Outside: What do individual acts of self-harm do to the body of the community?<br><br><b>Enabling Environments Presentation (option 2): Neelam Khawani-Connett, Tim Makower and Heather Macey –</b> Homestead Community Network  | Cadbury Room<br><br>Quiet Room |
| 1.00pm - 2.00pm   | <i>Lunch</i>   | Canteen                        |
| 2.00pm - 2.55pm   | <b>Workshop options – Please sign up for your choice at reception:</b><br><br><b>TCTC workshop: Mike Staines and Neelam Khawani-Connett –</b> The Relational Manifesto<br><br><b>Experiential: Jessica Williams Ciemnyjewski (HMP Gartree) –</b> A meeting of minds: An exploration through shared image making.<br><br><b>Practice: Dr Daniel Mercieca (Caritas Malta) –</b> Developing Inner Dialogue: creative techniques in externalizing TC practitioner internal dialogues | See Workshop signup sheets     |
| 3.00pm - 4.00pm   | Large Group Community Meeting (Facilitated by Chris Nicholson – Department of Psychosocial and Psychoanalytic Studies)   | Cadbury Room                   |
| 4.00pm - 4.30pm   | <b>Close and Goodbyes</b>  |                                |