Are you running groups with Children and Young People?

Do you ever wonder what’s happening in your group?

Do these groups ever leave you feeling emotionally drained?

Used well, groups can be a powerful tool, enabling children to learn to work safely and productively together.

This experiential qualification enables practitioners to develop the skills, knowledge and understanding to make effective use of a therapeutic group to support change for children and young people effectively.

Who is this course for?

This qualification is suitable for those staff using group work with children or young people in either school or care settings.

These groups may be for all ages and abilities such as: circle times, youth clubs, nurture groups or after-school clubs.

Who leads this course?

The course is developed and led by The Mulberry Bush, a leading therapeutic organisation with over seventy years’ experience of using group work models to work with children and families, who have experienced trauma and loss.

Level 3 Certificate in Therapeutic Group Work with Children and Young People

Blended Learning Approach: Online Face-to-face training* "Including three residential overnight stays (included in cost)"
The course will include:
• What makes a group therapeutic?
• The theories which can underpin and support groups
• Exploring how the group itself is the key therapeutic resource
• Working with dynamics, roles and resistance in groups
• Child development
• The aims of the group and assessing its effectiveness
• Setting up and running a group
• Recording and evaluating your group

What is expected of participants?
Students will be expected to not only learn about groups but work as a reflective practice group themselves. Students will be expected to bring examples of their work for live discussion based sessions. Assessment will include poster presentations, a written assignments and group discussions.

How much will cost?
£895 per applicant. Terms and Conditions apply.

‘This course has provided me with the stepping stones to provide a more consistent and valuable group session.’
Course Learner

When will the course take place?
The course will run for a period of approximately six months. Taught sessions will take place in two ways; face-to-face with three overnight stays included in the cost and a small number of online sessions between the three face-to-face dates. Learners will also be expected to take part in self-directed learning between sessions.

The course will commence on Thursday 17th February 2022 at 12pm.

Where will the course take place?
Face-to-face sessions at The Mulberry Bush Third Space, Church Lane, Toddington, Cheltenham GL54 5DQ – accommodation on site and included in cost. Online sessions via Zoom.

Claire’s Story
“For over a year, Claire had been running classroom groups for children at risk of exclusion. She described how no matter how much planning she did for the group she was left feeling the group hadn’t worked and she was often left feeling emotionally drained afterwards. Several weeks later one of the children bumped into her in another part of the school and commented that he really missed the group, how it had really helped him develop his relationships with others and learn about himself. This led Claire to look again at the role, function and running of the group and to want to learn more about how a therapeutic group could help her make sense of the children through what was played out in the group. This experiential course was the stepping stone she needed…”

How to book
Please contact Kathy Smith 01865 594700 or ksmith@mulberrybush.org.uk
mulberrybush.org.uk/outreach