

Annual International Conference

Harnessing the Power and Potential of the Therapeutic Environment

Monday 20th - Wednesday 22nd October 2014 **Cumberland Lodge, Windsor Great Park**

*The conference explores:

- How environment changes outcomes
- 5 essential features to create a therapeutic milieu
- Bringing TC values & principles to unfamiliar contexts (e.g. PIEs, PIPEs & EEs)
- Experience of large group community meeting, reflective small groups and interactive therapeutic groups

*Who should attend?

All those interested in, working in, supporting or purchasing therapeutic services in the following sectors:

- children & young people
- mental health
- learning disabilities
- personality disorders
- addictions
- homelessness

*Confirmed Speakers:

- Dr. Rex Haigh (consultant psychiatrist in psychotherapy)
- Dr. Penelope Campling (medical psychotherapist)
- Val Jackson (systemic psychotherapist)
- Dr. Gwen Adshead (consultant forensic psychiatrist)
- Dr. Hanna Pickard (clinical research fellow)
- Claire Ritchie (strategic commissioner)

*Also announcing...

The 14th Maxwell Jones Lecture

Professor Edgar Jones (Kings Centre for Military Health Research) Respondent: Dr Tom Harrison (retired consultant psychiatrist)

Thursday 23rd October, 6pm reception, 7.30pm lecture Royal Institute of British Architects, 66 Portland Place, London (More information overleaf)

post@therapeuticcommunities.org

How to book

Tel: +44 (0) 1242 620 077



Day Delegates welcome

Certified **CPD** event

£395

Prices

Full conference (Mon-Wed) £625 **TCTC** members £575 (£100 discount for shared rooms)

Sunday evening meal & B&B £140 (£50 discount for shared rooms)

Day Rate £165 **TCTC Members** £135

Discounted off-site option Sunday - Wednesday incl. B&B (twin rooms), taxi to conf., 3 day attendance incl. lunch only Limited availability. Members only.

Maxwell Jones Lecture £75 **TCTC** member £50

With thanks to our sponsors...









Provisional Conference Programme



Day 1 - Monday 20th October 2014

Foundat	tions, A	Attac l	hment
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9.00am - 10.00am	Registration & refreshments		
10.00am - 11.00am	Welcome followed by Community Meeting		
11.00am - 12.00pm	"The Quintessence of a Therapeutic Environment: The Foundations"		
	Dr. Rex Haigh, consultant psychiatrist in psychotherapy, founder of		
	Community of Communities, & Enabling Environments, RC Psych.		
12.00pm - 2.00pm	Lunch & small groups		
2.15pm - 3.15pm	"Securing the insecure: attachment and therapeutic relationships"		
	Dr. Gwen Adshead, Locum Consultant Forensic Psychiatrist,		
	Ravenswood House Southern Health Foundation Trust		
3.30pm - 4.30pm	Choice of interactive workshops & research presentations		
4.30pm - 5.00pm	Refreshments		
5.00pm - 6.00pm	Community Meeting		
7.00pm	Dinner		
8.30pm	Networking & tour of Cumberland Lodge		

Day 2 - Tuesday 21st October 2014

Containment. Communication

Community Commi	
8.30am - 9.00am	Day visitor registration and refreshments
9.00am - 9.30am	Welcome & Community Meeting
9.30am - 10.30am	"Containment - from cruelty to kindness" Dr. Penelope Campling,
	medical psychotherapist (previously Clinical Director at Francis Dixon
	Lodge Therapeutic Community, Leicester)
10.30am - 11.00am	Refreshments
11.00am - 12.00pm	Research presentations
12.00pm - 2.00pm	Lunch & Small Groups
2.00pm - 3.00pm	Choice of interactive workshops
3.00pm - 3.30pm	Refreshments
3.30pm - 4.30pm	"Communication - a culture of open dialogue?" Val Jackson,
	systemic psychotherapist, founder Developing Open Dialogue
4.30pm - 5.30pm	Community Meeting
5.45pm - 6.45pm	TCTC Annual General Meeting
7.00pm	Dinner
8.30pm	Evening Entertainment

Day 3 - Wednesday 22nd October 2014

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8.30am - 9.00am	Day visitor registration and refreshments	
9.00am - 9.30am	Welcome & Community Meeting	
9.30am - 10.30am	"Inclusion - Building hope and home?" Claire Ritchie, Strategic	
	Commissioner, London Borough of Lambeth, founder, No One Left	
	Out: Solutions	
10.30am - 11.00am	Refreshments	
11.00am - 12.00pm	Choice of interactive workshops & research presentations	
12.00pm - 2.00pm	Lunch & small groups	
2.00pm - 3.00pm	"Stories of Recovery: the power of narrative, agency, and hope in	
	changing lives" Dr. Hanna Pickard, Clinical Research Fellow	
	Department of Philosophy and All Souls College, University of Oxford	
3.00pm - 4.00pm	Community Meeting	

Monday - Wednesday

Large group

Facilitated by **David Kennard**, clinical psychologist and group analyst (formerly Head of Psychological Services at The Retreat, York), our large group community meeting is an integral part of the conference. It gives everyone a chance to relate to each other about the conference itself and anything else related to it. It is an opportunity to experience the 'group matrix' - the network of connections and interactions described by Group Analytic theory.

Interactive workshops

Hosted by **TC Kypseli**, these will be concurrent experiential groups covering:

- music & movement (music therapy)
- painting (art therapy)
- play and creativity (psychodrama)

Small groups

These are **facilitated groups** for all participants, providing a more intimate space to share our reflections and reactions on what we have heard and experienced throughout each day, to enable us to deepen our learning from the conference.



Booking Information

Delegate & Payment Details

→ Delegate Details (please print clearly)		od (please print clearly)	
Mr/Mrs/Ms/other		FIRMED ORDER NO. REQUIRED BEFORE ATTENDANCE I BE GIVEN FOR CANCELLATIONS WITHIN 5 WORKING DAYS OF	
First name	THE START OF TH	E EVENT.	
Surname	TCTC Member		
	TCTC Member (Y/N)		
Address	(You can join TCTC when booking)		
	-	t (preferred payment method) payment by email)	
		Sort Code: 40-52-40 A/c 00022007	
Mobile phone number for Conference	Please tick	(International bank transfer info on request)	
	Cheque		
Email	A cheque for:	£ is enclosed/being posted	
Dietary Needs:	Payable to:	The Consortium for Therapeutic Communities	
Dietal y Needs.	Please post to:	Waterfront, Kingsdown Road, Walmer, Kent CT14 7LL	
	Invoice		
Other info: (access requirements, taxi, etc.)	Invoice Please send an invoice to:		
	Name:		
	Organisation:		
Booking Requirement	Address:		
Accommodation Location			
(Cumberland Lodge/off-site)			
Room Type: Double/Twin/Single	Order No.		
(Off-site is twin only)	Oraci No.		
Share with (if known):	Credit / Debit	Card: You can ring +44 (0) 1242 620 077	
Which days would you like to attend?	Type of card		
	Cardholders name:		
Maxwell Jones lecture attendance?	Address card registered to:		
Signature:	Postcode		
	Country		
A Padga/Cartificata Datails	Telephone		
◆ Badge/Certificate Details (please print clearly)	Card No.		
Preferred name			
Job Title (if applicable)	Expiry date		
Organisation / Service Name	Issue No. (switch only)		
(If applicable)	Card Security Code		
	(last 3 digits on back of signature strip)		

With thanks to our sponsors...











The 14th Maxwell Jones Lecture

Royal Institute of British Architects 66 Portland Place, London W1B 1AD

Trauma and the UK veteran

Adjusting to war - past and present

Thursday 23rd October 7.30 - 9pm

Preceded by a reception with canapés at 6pm

Speaker: Professor Edgar Jones (Professor of the History of Medicine and Psychiatry, Programme Leader for the MSc in War and Psychiatry, King's Centre for Military Health Research, Institute of Psychiatry).

Respondent: Dr Tom Harrison (Retired consultant psychiatrist, author of Bion, Rickman, Foulkes and the Northfield Experiments).

The number of UK veterans who fought in the 13-year conflict in Afghanistan increased significantly last year, and veterans from the Iraq war are still presenting themselves for treatment five years after the conflict ended. TCs led the way in the treatment of veterans during WW2 and continue to help traumatised veterans today. In this centenary year of WW1 the lecture will look at the effects of war on soldiers and what contributes to recovery.

Conference Venue Information

Cumberland Lodge, Windsor Great Park

Cumberland Lodge is an educational charity in the heart of the Great Park, Windsor. Its Patron is The Queen, who renewed the Royal Warrant, originally signed by King George VI, granting the use of this beautiful seventeenth-century house for discussions aimed at the betterment of society.

Cumberland Lodge

The Great Park

Windsor

Berkshire

SL4 2HP

Switchboard: 01784 432 316

Email: enquiries@cumberlandlodge.ac.uk
Web: www.cumberlandlodge.ac.uk



Directions

Cumberland Lodge has plenty of free parking and is easily accessible by public transport.

By Rail

There are fast trains from London Waterloo and Reading to Egham (not Windsor). The journey time from London is about 35 minutes.

Bv Taxi

There is a taxi rank at Egham Station, and a taxi office 100 yards away on Station Road. The approximate fares to Cumberland Lodge are about £9 from Egham, £25 from Heathrow, and £65 from Gatwick.

By Car using Sat Nav.

Please note that for Crown Estate legal reasons, GPS Sat Nav Systems do not work within the Great Park. However, they do work for Bishopsgate Road, Englefield Green, TW20 0XU, which is just outside the Bishopsgate entrance to the Park, and SL4 2JA is for drivers coming from the Windsor and Ascot direction using the Ranger's Gate entrance.

Bv Air

Heathrow Airport is twenty minutes by road. Gatwick Airport is forty minutes by car, or by rail via Victoria Station, Waterloo and Egham.