



Managing Complex Behaviours from an Attachment & Trauma Perspective

8th October 2014

Venue: CPA Limited

No. 3 Pound Court, Weights Farm Business Park, Weights Lane, Redditch, B97 6RG

Learning Objectives

This one day course combines experiential learning with evidence-based approaches to practice.

The focus of the programme is a relational perspective to working with children and young people with traumatic experiences of attachment. It is structured to provide opportunities for considering real practice examples brought by learners.

The programme provides a summary of attachment development and the nature of developmental trauma as the background for developing practical approaches to managing complex behaviours.

Certified CPD Event

This course is cross-referenced t TC Practitioner Competencies

Learning Points

♦ General understanding of attachment

- Explanatory usefulness of attachment theory
- ◆ Drivers of attachment development
- Patterns and representations of attachment
- Consequences of early trauma

Skills and awareness

- Apply the principles of attachment to practice
- Reinterpret behaviour and understand its communication
- Providing a predictable interpersonal environment through a secure caregiving style
- Understand and work with controlling behaviours
- Respond effectively to trauma
- ♦ Work with toxic shame
- ♦ Repair ruptures in relationships
- Approach issues of discipline and punishment
- Assertiveness and a secure caregiving style

How to book

Tel: +44 (0) 1242 620 077

*£65
TCTC Member*

£95 Non-Member

09.00am : arrival - tea and coffee

09.30am - 4.30pm : training





The Trainer

Chris Taylor MSc(Psych) is a widely respected practitioner, writer and trainer in pyschosocial approaches to attachment and developmental trauma for Looked After Children and Young People. He has been actively involved in therapeutic communities and has over 25 years' experience in the application of attachment theory to practice in children's homes, foster care and education, with a particular interest in the impact of disorganized attachments. He developed course materials on applying attachment for Glyn Dwyr University's Therapeutic Childcare degree programme and he recently managed a clinical and therapy team.

Chris now works independently with organizations developing therapeutic working, training staff and providing consultation. He is currently undertaking doctoral research into the prevalence and treatment of Borderline Personality Disorder in children's homes. As well as a deep understanding of attachment and early trauma, he has a particular expertise in psychosocial assessments.

All TCTC training includes an experiential element with opportunity for discussion and group reflection.

Participants will leave with practical suggestions on ways of applying the ideas discussed in their own personal and professional contexts. Our TCTC core values are embedded throughout the day.

Venue Information

CPA Limited

No. 3 Pound Court

Weights Farm Business Park

Weights Lane

Redditch

B97 6RG

By Car

- Exit at Junction 2 of the M42
- Take the A441 to Weights Lane
- At the roundabout take the 4th exit onto the A441
- Turn right onto Birmingham Road / A441
- Take 1st right onto Weights Lane

There is a car park situated on the left hand side, directly opposite the office complex (image to right)

Bv Rail

The nearest train station is Redditch which is approximately 5 minutes away by taxi.



